

Student Link

Internet Treasure Hunt for Grade 8 (Health & Phys. Ed. - Healthy Living)

PAGE
A

Student Name: _____

INSTRUCTIONS

Because eating disorders are serious health conditions that can be both physically and emotionally destructive, professional help is always recommended. If not identified or treated in their early stages, eating disorders can become chronic, debilitating, and even life-threatening. This activity will help you learn more...

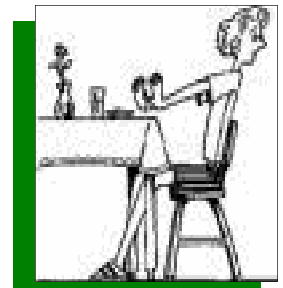
1. Click on **Grade 8** door.
2. Click on **Health & Physical Education**.
3. Under the **Healthy Living** section, select **Kids Health Teen Section**.
4. Select **Food and Fitness**.
5. Scroll down all the way to arrive at **Eating Disorders: Anorexia and Bulimia**.
6. **Read** the article and answer the following questions in **complete sentence form**.



7. What is an **eating disorder**?
8. **How common** are eating disorders **and who** is usually most affected?
9. Name the **two most common types** of eating disorders?
10. What does somebody with anorexia **believe about themselves**?



11. Name the **two characteristics** of anorexia.
12. How does bulimia **differ** from anorexia?
13. Why might it be difficult to pick out someone suffering from **bulimia**?
14. Explain what the experts believe is **the cause** for eating disorders in young women.
15. **What group of girls** is more apt to develop an eating disorder?





Student

Eating Disorders:



Anorexia and Bulimia

1. Describe the role television and media have on body image and eating disorders.
2. When does an eating disorder become life-threatening?
3. Describe at least five effects of anorexia on the body.
4. Describe at least five effects of bulimia on the body.
5. What are the effects of an eating disorder on a person's mental well-being?
6. Which **medical professionals** will be involved with the treatment for an eating disorder?

Complete
the Chart



Warning Signs for Anorexia	Warning Signs for Bulimia
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.