

Student Name:

1. Did you know that over 37% of Canadians volunteer their time to an organization each year? Volunteers contribute 1.1 billion labour hours to volunteering each year; that's equivalent to 578,000 full-time jobs! Let's look at some of the aspects of volunteering and why it's important for young people to volunteer their time (and what the benefits are)...

2. On the main Grade Eight StudentLink page, select **Health & Life Skills, Phys Ed**. Then click on **Volunteering** under the life learning choices column. Now click on **Tools...**



3. What are the financial benefits to volunteering? Try-out the **Big Pay Payoff Calculator** to find out what the benefit would be to you...



Why do you think this is?

Your annual salary is \$

Your income benefit will be worth \$!

4. What kind of career strategies can you use to emphasize your volunteer experience? Go back to the previous page and click on **Career Counseling**. Read through the paragraph.

A) How should you showcase your volunteer experience on your resume?



B) Why do you think employers would want to hire someone with volunteer experience?

C) Think of a time you volunteered. What kind of skills did you learn?

Student Name:

D) List some volunteer activities you could do around your school and community. For each one, list some potential life skills or benefits you could learn that would make employers notice you.

5. Still not convinced about how volunteering can benefit you? Go back to the **Tools** page and click on **Career Profile: Dave Farthing**. Read through his profile and answer the questions below:

A) Can you name some skills that Dave learned as a result of volunteering?



B) Why was volunteering beneficial to Dave?

C) Do you have peer mediation groups in your school?
Why would volunteers like Dave be important to these groups?

6. Not sure if you have the right characteristics to be a volunteer? Let's check out your horoscope to find out if you do...Go back to the **Tools** menu and click on **Horoscope: What's your sign?** What does it say about you?

- Capricorn ♄ December 22 to January 20
- Aquarius ♒ January 21 to February 19
- Pisces ♓ February 20 to March 20
- Aries ♈ March 21 to April 20
- Taurus ♉ April 21 to May 20
- Gemini ♊ May 21 to June 21
- Cancer ♋ June 21 to July 22
- Leo ♌ July 23 to August 23
- Virgo ♍ August 24 to September 22
- Libra ♎ September 23 to October 23
- Scorpio ♏ October 24 to November 22
- Sagittarius ♐ November 23 to December 21

7. Next try out "**Learning for Life**", and "**The Truth about Volunteers**". See how well you do on the quiz and whether you understand all there is to know about volunteering.